



FY24 ANNUAL REPORT

...breaking intergenerational cycles of childhood trauma
...creating resilient communities where all children thrive

How We Help Children

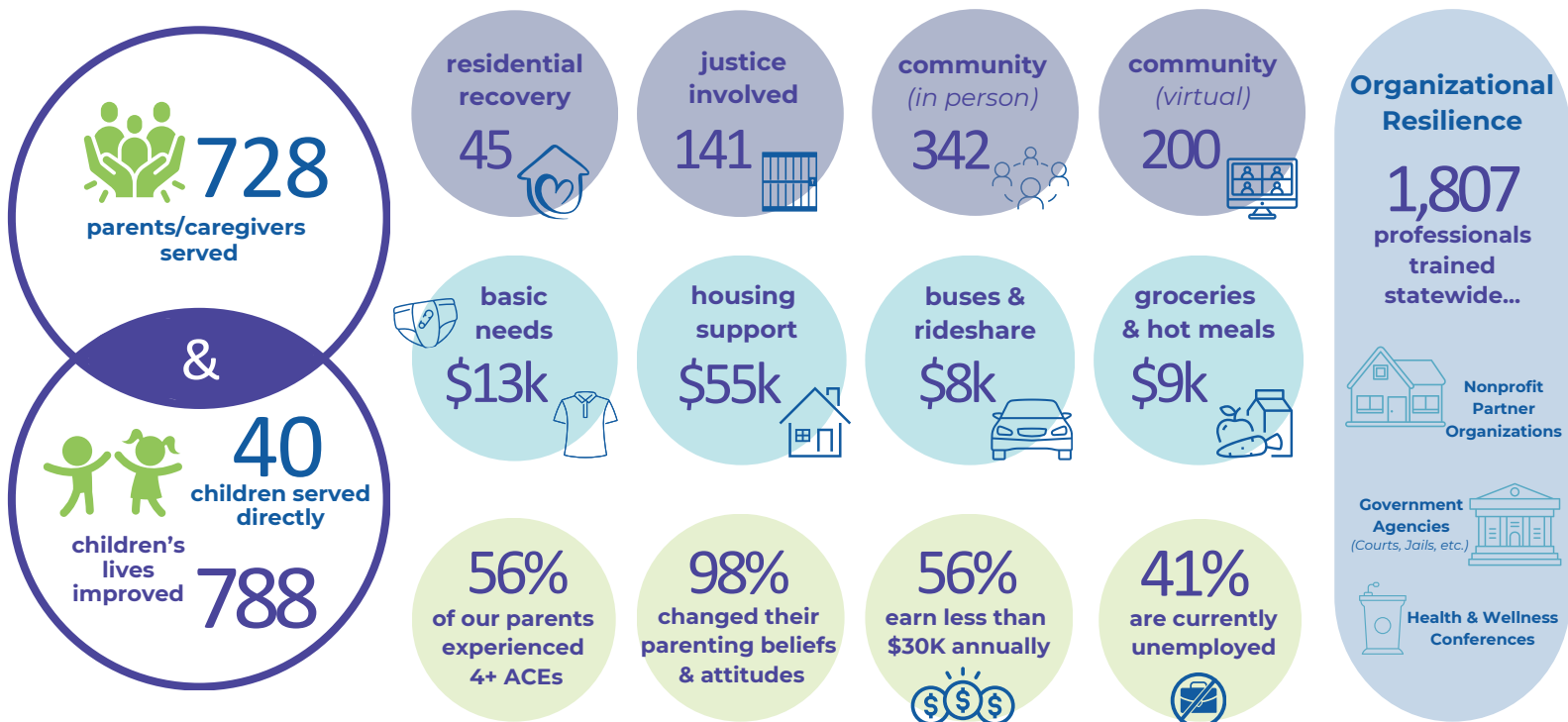
Positive Parenting... Plus! - weekly parenting groups providing skills, knowledge, & support

Nurturing Families - 1:1 family sessions helping them identify goals & create safe, stable, nurturing relationships

Community Connections - wraparound assistance for qualifying families focused on self-sufficiency

Teen Impact: Parenting Series (TIPS) - weekly parenting groups on-site at MNPS high schools for current or expecting student parents

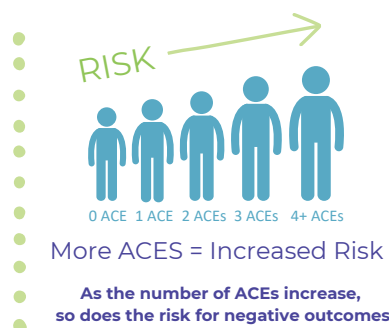
Organizational Resilience - evidence oriented trainings, workshops, or structured coaching on topics including PACEs, Trauma Informed Cultures, Organizational/Correctional Wellness, De-escalation, etc based on organization's or community's needs



Research demonstrates the long term, negative consequences of toxic stress on developing brains. **ACEs (Adverse Childhood Experiences/Adverse Community Environments)** can impact brain architecture & epigenetics.

Yet there's **HOPE!**

Advances in research show **Positive Childhood Experiences (PCEs)** buffer ACEs. Our programs ensure children & families (along with organizations like schools, jails, courts, government agencies, etc) have the education, skills, and support needed to better prepare children for future success!



PCEs

- able to talk w/family about feelings
- feel family supports them in difficult times
- enjoy participating in community traditions
- feel a sense of belonging in high school
- feel supported by friends
- have 2+ non-parent adults who care
- feel safe/protected by an adult in the home

We Help Families Across Tennessee

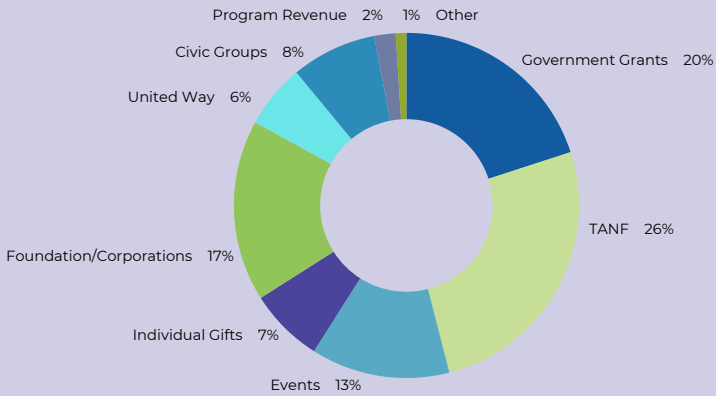


In FY24, TFC supported children & families in 21 counties across Tennessee...

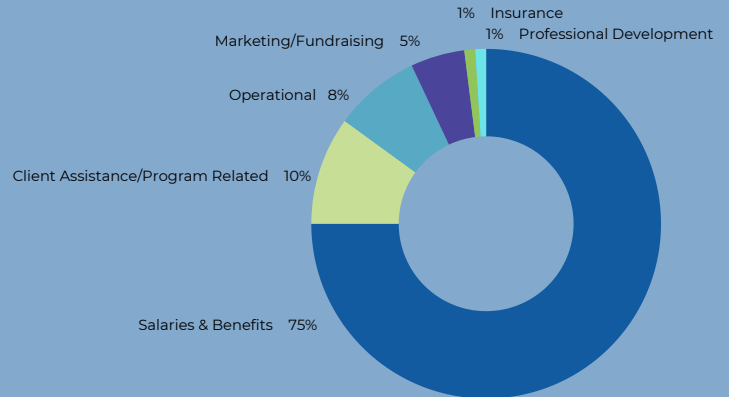
plus supported children & families virtually in:

- California
- Illinois
- Kentucky
- Missouri
- North Carolina

FY24 INCOME



FY24 EXPENSES



changing lives • changing families • changing children's futures

familycentertn.org

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